



**Senior Action Network “Information and Education” Committee Presents:
THE SPEAKERS BUREAU
You can also find education and all the members on- line at
www.senior-action.net**

For Speakers, Call 360-789-1985 (Julie)

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____
(last updated 8/24/15)

FINANCIAL/LEGAL/PRE-PLANNING:

Bamford Financial Services 360-943-9698
*Bruce Bamford
*Barry Gesche

planning4ltc@aol.com
bruce@bamfordltcfinancial.com
barryLTCProducer@aol.com

How to Pay for Long Term
Care, Medicare, Medicaid
Your assets, or LTC
Insurance

Bjorgen Bauer Pitman and Bauer, PLLC
Attorneys At Law
*Lauren Pitman 360-754-1976
*Katharine Bauer

Legal Matters: Estate
planning (including Powers
of Attorney and Advanced
Directives) Medicaid law
Planning and Probate

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____

FINANCIAL/LEGAL/PRE-PLANNING Continued:

Funeral Alternatives of Washington *Clair Ferris	360-753-1065	info@funeralalternatives.org	Family Preparedness Funeral Planning Writing an Obituary; The Assassination and Burial of President Lincoln; Ethnic/Cultural burial Practices
Lounsbury Insurance Cyndi's Quality Cleaning *Cyndi Lounsbury	360-951-9058	cadafun@aol.com	Life Insurance, What is it? How to Purchase it. Residential Cleaning
Steele Capital Management/ Veterans Advocate *Aaron Steele	360-464-2979	steelecap@outlook.com	Financial issues Veterans Advocate
Woodlawn Funeral Home *Kathleen Blanchette	360-491-3000	kathleen@woodlanw-funeralhome.com	Funeral Planning
Northwest Insurance Agency Financial Advisor *Robert Lien	360-754-2438	nwinsuranceagencies@ureach.com	Insurance Options

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____

FINANCIAL/LEGAL/PRE-PLANNING Continued:

Reverse Mortgage *David Willis	360-791-8778	davidwillis88@msn.com	Reverse Mortgage Information—Is it right for you?
Sound Path Health *Marco Radwick	360-339-3526	mradwick@soundpathhealth.com	Medicare Advantage Plans
Waunch Family Insurance *Annalisa Waunch	800-708-1560	ajwaunch@gmail.com	Medicare Enrollment Options Medicare 101 Seminars Insurance Options for Health, Life, Disability

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____

HEALTHCARE OPTIONS:

Advanced Healthcare *Lynessa Tinglum	360.459.7888	ltinglum@advanced-healthcare.com	Private Duty Home Health What to consider when Hiring a caregiver
Apogee HCP *Claudia Fredericks	360-943-1045	claudia@apogeehcp.com	Private Duty Caregiving Health related topics
Assured Home Health Hospice/Private Duty Assured At Home *Julie Ostling, RN BSN	360-352-0711	julie.ostling@lhcgroupp.com	Home Health/Hospice End of life issues Health Related Topics Private Duty Homecare
Comfort Keepers *Lauren Cheadle	360-742-3773	laurencheadle@comfortkeepers.com	Private Duty Homecare
First Light Homecare *Adriana Hutchings	360-489-1621	ahutchings@firstlighthomecare.com	Private Duty Homecare
Home Instead Senior Care *Kelly Cavenah	360-570-0049	kcavenah@homeinstead.com	Private Duty Homecare
Imaje Massage Therapy *James Pence	360-292-5479	imajemassage@comcast.net	Alternative Health, Wellness, Integrative Care

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____

Healthcare options continued:

Maxim Healthcare Services *Kyle Long	253-671-9909	kylong@maxhealth.com	In-Home Caregiving
Visiting Angels *Vicki Main	360-705-1929	vicki@olympiaangels.com	Home Care Options Caring for the caregiver

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____

HOUSING OPTIONS:

Assisted Living Options *Nancy Watkins	360-350-3552 877-705-1359	nhwatkins@comcast.net	Simplifying the Search for Senior Housing and Care Services
Brookdale Olympia East *Cindy DeMulling	360-456-0601	cynthia.demulling@brookdale.com	How do I pay for Retirement/Assisted Living? What does it Cost? Safety Practices In Assisted Living
Garden Courte Memory Care Community *Dawn Peterson	360-491-4435	gardenmkg2@ISLLLC.com	Memory Care Community
The Hampton Alzheimer's Special Care Center *Carolyn Driscoll	360-786-6062	hampton-adm@jeaseniorliving.com	Alzheimer's, and Dementia related topics

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____

OTHER SENIOR SERVICES:

Brain Fitness Learning Coach 360-480-1894 linda.terry4@gmail.com Focus on the Cognitive Skills of Memory/Attention Processing Speed
*Linda Terry

Capitol Estate Sales 360-628-8089 maria@CapitolEstateSales.com Moving? What to do with All this 'Stuff': Keep? Sell? Donate? What's it worth? Estimating Prices
*Maria Masse

Intercity Transit 360-705-5879 epratt@intercitytransit.com How to ride the bus
*Erin Pratt When is the right time to give up your license

Lewis/Mason/Thurston Area Agency on Aging Assistance Specialists:
*Nikki Lundberg 360-427-2225 lundbnr@comcast.net Accessing Services,
360-664-3162 Finding senior resources

Live At Home On Your Own 360-589-2170 Michael.liveathome@gmail.com Mobility Solutions, Home Modification for Safety
*Michael Bradrick

Name: _____ **Phone:** _____ **E-Mail:** _____ **Expertise:** _____

OTHER SENIOR SERVICES continued:

Natural Living Solutions *Robin Lee	253-203-6626	GiftofHealthyChocolate@gmail.com	Healthy chocolate
Retired & Senior Volunteer Program *Jeannie Gruber	360-943-2772 ext 20	jroegruber@unitedway-thurston.org	General Volunteerism How to Help those 55+ Find meaningful Volunteer Opportunities
Safe Haven Advocates *Annie Guerrein	253-470-8134	annie@safehavenadvocates.com	Ways a Healthcare Advocate can help you
Senior Services for South Sound *Eileen McKenzie Sullivan	360-586-6181 x104	eileen@southsoundseniors.org	Olympia Senior Center Activities, Adult Day Care Senior Transportation Senior Nutrition
Smooth Transitions of Western Washington *Deanna Joyner *Karen Donnelly	360-459-1527 360-701-5637	deannaj@movingforseniors.com karend@movingforseniors.com	Move Management and Household Downsizing
Therapeutic Music *Cheryl Zabel	360-307-0999	cz56cmp56@icloud.com	The Benefits of Therapeutic Music
Volunteer Chore Services *Barbara Trendall	360-586 2915 x 224 800-783 8193	BarbaraT@ccsww.org	Volunteer Chore Services